Track: 2024-01-27 Il giro degli Ernici	**IBP = 155 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	16.63 Km
Analyzed distance	16.63 Km
Lineal distance	0.01 Km

Accumulated climb	1556.8 m
Accumulated descent	1561.8 m
Maximum height	2070.2 m
Minimal height	920.6 m
Climb rate	21.82 %
Descent rate	17.58 %
Positive climb difference per km	93.61 m
Negative descent difference per km	93.91 m

Total time	7:25:22 h
Time in movement	6:06:41 h
Stopped time	1:18:41 h

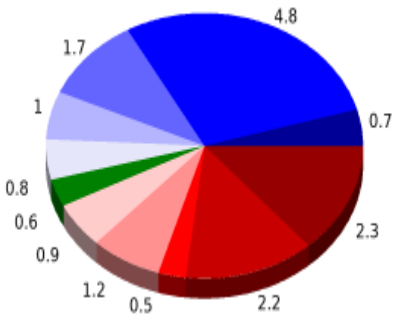
Total speed average	2.24 Km/h
Average speed in movement	2.72 Km/h
Maximum held speed	7.44 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1318 (cad. 12.62 m)
Significant points	462 (cad. 36.07 m / 35.05 %)
Aberrant points	79 (5.99 % d. total)

Direction changes per km	14.07
Direction changes >5° per km	11.79
Accumulated straight stretches	2.044 Km
Straight stretches per km	122.91 m
Penalizables slope changes	9
Penalizables slope changes per km	0.541

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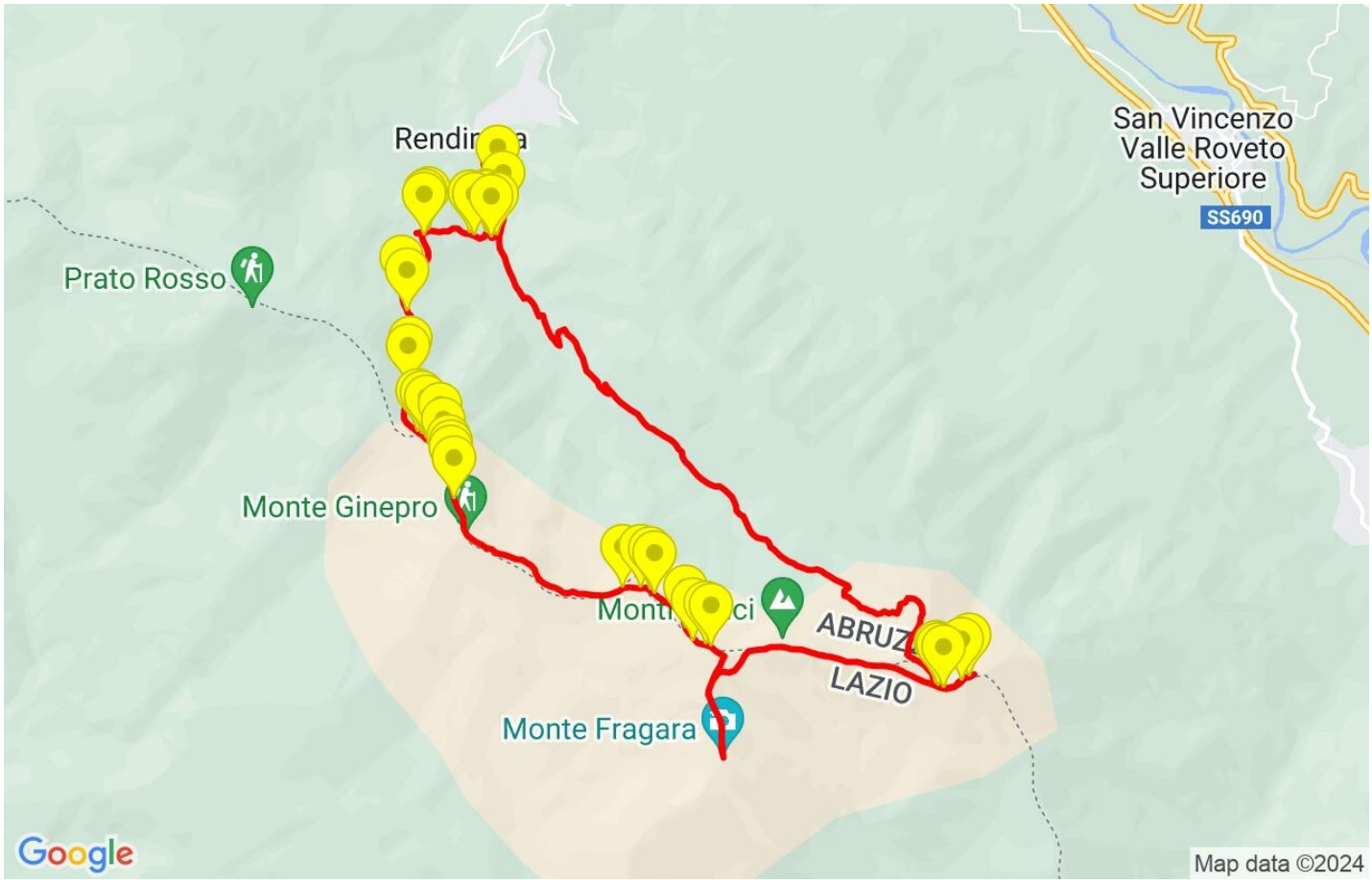
Summary of slopes

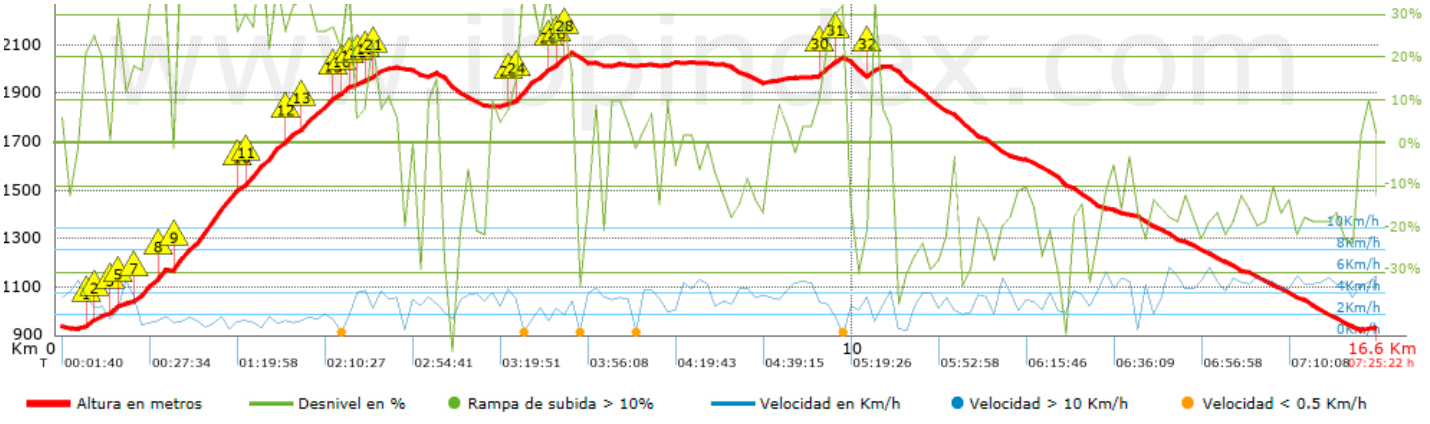


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	2.334	14.03	1.5	1:33:15
	Between 15 and 30%	2.219	13.34	2.16	1:01:36
	Between 10 and 15%	0.481	2.89	2.66	0:10:51
	Between 5 and 10%	1.228	7.39	3.54	0:20:49
	Between 1 and 5%	0.875	5.26	4.31	0:12:11
	Total :	7.136	42.92	2.15	3:18:42
	Plain				
	Difference of 1%	0.607	3.65	3.86	0:09:26
	Breakdown descents				
	Between 1 and 5%	0.758	4.56	3.54	0:12:52
	Between 5 and 10%	0.955	5.74	4.09	0:14:01
	Between 10 and 15%	1.666	10.02	3.81	0:26:13
	Between 15 and 30%	4.8	28.87	3.38	1:25:09
	Between 30% and 55%	0.706	4.24	2.09	0:20:18
	Total :	8.885	53.43	3.36	2:38:33
	Total track :	16.63	100 %	2.72	6:06:41

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	0.334	22 %	183 m
2	0.518	14 %	160 m
3	0.678	25 %	71 m
4	0.749	28 %	36 m
5	0.785	27 %	32 m
6	0.924	18 %	36 m
7	0.96	32 %	329 m
8	1.289	35 %	35 m
9	1.459	42 %	769 m
10	2.228	20 %	99 m
11	2.327	34 %	587 m
12	2.914	26 %	104 m
13	3.017	31 %	424 m
14	3.441	26 %	35 m
15	3.476	18 %	66 m
16	3.542	31 %	116 m
17	3.657	11 %	104 m
18	3.762	12 %	124 m
19	3.886	17 %	41 m
20	3.927	24 %	38 m
21	3.965	27 %	78 m
22	5.682	16 %	74 m
23	5.756	22 %	41 m
24	5.797	30 %	348 m
25	6.145	29 %	110 m
26	6.255	30 %	102 m

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27	6.357	30 %	35 m
28	6.392	18 %	80 m
29	9.568	30 %	150 m
30	9.718	25 %	68 m
31	10.208	30 %	116 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2000	3042.931	18.3	0:55:23	3.3	0:49:53	1:45:16	1.73
1750	5331.874	32.06	2:02:22	2.61	0:15:35	2:17:57	2.32
1500	2112.926	12.71	1:02:28	2.03	0:02:38	1:05:06	1.95
Total :	10.488 Km	63.07 %	4:00:13 h	2.62 Km/h	1:08:06 h	5:08:19 h	2.04 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
2.101	0:05:54	1433	1:10:08	1:10:08	2.101
2.501	0:02:38	1570	1:30:54	0:20:46	0.4
3.476	0:06:50	1874	2:14:47	0:43:53	0.975
4.265	0:14:42 > 10´	2005	2:37:53	0:23:06	0.789
5.832	0:05:10	1887	3:24:46	0:46:53	1.566
6.503	0:06:11	2070	3:47:38	0:22:52	0.671
7.246	0:05:05	2013	4:05:42	0:18:04	0.743
9.822	0:20:39 > 10´	2033	4:56:52	0:51:10	2.576
10.483	0:03:16	2008	5:31:28	0:34:36	0.661
10.603	0:03:35	1976	5:38:12	0:06:44 < 10´	0.12
13.487	0:04:41	1397	6:39:14	1:01:02	2.884
Total :	1:18:41 h				

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